



Boy Scouts of America
Troop 29
C & O Canal Bike Trip
Activity Sheet

Activity Title: C&O Canal Bike Trip
Activity Location: Camping at Antietam Creek Recreation Area, MD
Activity Dates: March 26 – 28, 2010
Cost per Person: \$20/person
Gathering/Returning Location: Red Clay Creek Presbyterian Church
Gathering Date & Time: March 26, 2010 530 PM
Returning Date & Time: March 28, 2010, 2 PM
DEADLINE TO REGISTER: March 15, 2010

Contacts	Name	Email	Home Phone	Cell Phone
Tour Coordinator	Paul Gunyuzlu	pauli658@comcast.net	302-999-9424	
Adult Tour Leader	Andy Horn	andy19804@msn.com	(302) 636-0520	(302) 388-9917

Logistics & Registration Information

March 14, 2010 AT 1pm all riders to meet at RCCPC next to troop trailer for bike inspection and proficiency check.

March 26, 2010 at 5:30 - We will gather at RCCPC. The drive time is about 2:15.

Scouts should have dinner before coming on Friday. We will have a late evening snack after we set-up camp

March 28, 2010 2 PM - Parent should plan to pick up scouts on Sunday in the RCCPC upper parking lot.

Program and Activity Information

We will be camping at Antietam Creek Recreation Area, Sharpsburg, MD. Camping will be in tents.

The Scouts will be biking on the C&O Canal Tow Path. The tow path is a wide, relatively flat, packed gravel path that offers a good surface for all skill levels. The younger scouts may take a shorter ride than the older scouts. Please note:

- Wear bike helmet and gloves
 - Wear sturdy shoes/boots
 - Bring a whistle or the bike must be equipped with a horn or bell
 - Bring a daypack and water bottle for Saturday's ride.
 - Bring tire and bike repair kit if you have it.
 - Bring rain gear and cold weather gear THAT CAN BE WORN WHILE RIDING A BIKE
- >>>>> biking in sneakers is not recommended <<<<<

Try these web sites for personal and rain gear:

<http://www.froggtoggs.com/store/choose.asp?ItemNum=DD1232&ItemType=%>

<http://www.campmor.com/outdoor/gear/Home>

<http://www.ems.com/home>

Cooking for the weekend will be Patrol Cooking. Individual patrols will cook and are responsible for menus, food shopping and duty rosters.

Grocery budget: \$16 per person. Buy for Friday snack, Sat. breakfast and dinner at base camp. Sat lunch on the trail, Sun. breakfast.

Troop Packing Lists: http://www.bsa-troop29.org/downloads/forms/weekend_packing_list.pdf